





7. Your proposed project is: *(please select one)*

- |                         |                 |
|-------------------------|-----------------|
| A one-time event        | Monthly event   |
| Weekly event            | Annual event    |
| Semi-annual event       | Ongoing project |
| Other: (Please explain) |                 |
- 

8. Check the region(s) where the majority of the people you intend to reach through your project reside:

- |              |            |            |
|--------------|------------|------------|
| Hamakua      | South Kona | North Hilo |
| North Kohala | Kau        |            |
| South Kohala | Puna       |            |
| North Kona   | South Hilo |            |

9. Check the category or categories that best describes the people you intend to reach through your project:

- |   |              |                          |
|---|--------------|--------------------------|
| Families  | Youth, 0-5   | Other (please describe): |
| Adults  | Youth, 6-11  | _____                    |
| Community-at-large                                | Youth, 12-18 | _____                    |
| People in treatment/recovery from substance abuse |              | _____                    |

10. Which category best describes your project? Please check all that apply.

- |                              |  |
|------------------------------|--|
| Anti-drug education          | Fine and performing arts                     |
| Anti-drug awareness          | Mentoring                                    |
| Community coalition building | Natural resources preservation and awareness |
| Community service project    | Parenting skills                             |
| Cultural heritage            | Sports and recreation                        |
| Faith-based activity         | Training/education                           |
| Disaster preparedness        |  |
| Other (please describe):     | _____  |

11. Please check the prevention strategy\* or strategies your project will use:

**Information Dissemination:** This strategy provides awareness and knowledge of the nature and extent of alcohol, tobacco, and other drug use, abuse, and addiction and their effects on individuals, families, and communities.

**Prevention Education:** This strategy aims to affect critical life and social skills, including decision making, refusal skills, critical analysis (for example, of media messages), and systematic and judgmental abilities.

**Providing Alternatives:** This strategy provides for the participation of targeted populations in activities that exclude alcohol, tobacco, and other drug use. Constructive and healthy activities offset the attraction to, or otherwise meet the needs usually filled by, alcohol, tobacco, and other drug use.

**Community-Based Process:** This strategy aims to enhance the ability of the community to provide prevention and treatment services to alcohol, tobacco, and other drug use disorders more effectively. Activities include organizing, planning, enhancing efficiency and effectiveness of services implementation, interagency collaboration, coalition building, and networking. Building healthy communities encourages healthy lifestyle choices.

**Environmental (community attitudes) Approach:** This strategy sets up or changes written and unwritten community standards, code and attitudes—influencing incidence and prevalence of alcohol, tobacco, and other drug use problems in the general population.

\*Source: [Hawai'i State Department of Health](#)

12. Please explain briefly how your project incorporates the prevention strategy/strategies above. Include a description and source of any anti-drug information you plan to use in your project.

13. What impact do you expect your project to have on your community and how will you know whether the project outcomes met your expectations?

## HEALING OUR ISLAND COMMUNITY FUND PROJECT BUDGET

**IMPORTANT: This budget form is required—do not submit your budget in a different format.**

Project name:

Project Expenses - please list your expenses below in detail and explain how the items will be used. <i>See example in line 1 below:</i>	Amount Budgeted	Indicate below how different funding sources will be allocated		
		(A) Healing Our Island	(B) Other Source	(B) Describe your other sources of funding
<i>100 T-shirts @ \$4 each + \$50 set-up – distribute to all participants</i>	<i>\$450</i>	<i>\$400.00</i>	<i>\$50.00</i>	<i>Member contributions</i>
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
<b>TOTAL SOURCE OF FUNDS (A)+(B)</b>				
<b>TOTAL BUDGETED EXPENSES</b>		<i>Important: your total expenses should not exceed your sources of funds</i>		

Non-cash Contributions (description)	Cash Value
	\$
	\$
	\$
<b>Total:</b>	<b>\$</b>

Value of Volunteer Hours	
<b>Number of volunteers:</b>	
<b>Total number of hours donated by the volunteers:</b>	
<b>Value of volunteer time: Total hours x \$19.51:</b>	<b>\$</b>

## Healing Our Island Community Fund – Community Group Description

Name of your Group: \_\_\_\_\_

Name of your Project: \_\_\_\_\_

- 1 Describe your group. When, why and how did you get started?
  
  
  
  
  
  
  
  
  
  
2. In which County District is your group located? Please select just one:

Hamakua	North Kona	Puna
North Kohala	South Kona	South Hilo
South Kohala	Kau	North Hilo
  
  
  
  
  
  
  
  
  
  
- 3 Please list the names of the members of your project planning committee. Attach a list if necessary.
  
  
  
  
  
  
  
  
  
  
- 4 If applicable, please list the names of any other organization(s), or community groups that are partnering with you on this project. *Collaboration is highly recommended.*
  
  
  
  
  
  
  
  
  
  
- 5 Please explain the roles your collaborating partners will have in your project.

